

## **ADULT RELIGIOUS EDUCATION & FAITH FORMATION**

### **PHILOSOPHY**

The scope of adult faith formation and religious education is so broad as to almost defy description. That this is so is a testament to the catechetical efforts and formational opportunities that have the catechesis and formation of adults as their objective. Engaging adults in their many and varied life situations is no small task. "The faith of adults, therefore, must be continually enlightened, developed and protected, so that it may acquire that Christian wisdom which gives sense, unity, and hope to the many experiences of personal, social, and spiritual life." GDC 173

The model for all catechesis is the person of Jesus Christ, who throughout his life was a teacher. For the most part, Jesus taught adults in both formal and informal settings; in synagogue and temple, by the lakeshore and on the mountainsides. Jesus taught with word and action, at all times seeking to address the deepest concerns of those among whom he taught.

Jesus' attention to adults in his ministry reflects the primary role adults are to have in the coming of the Kingdom of God as it was proclaimed by Christ. It is in this light we understand the following principle from the General Directory of Catechesis: "Catechesis for adults, since it deals with persons who are capable of an adherence that is fully responsible, must be considered the chief form of catechesis. All the other forms, which are indeed always necessary, are in some way oriented to it". GDC 59

This principle clearly articulates the importance of adult religious education and faith formation and echoes the challenging words of John Paul II in *Catechesi Tradendae*: "I cannot fail to emphasize now one of the most constant concerns of the synod fathers, a concern imposed with vigor and urgency by present experiences throughout the world: I am referring to the central problem of the catechesis of adults. This is the principal form of catechesis, because it is addressed to persons who have the greatest responsibilities and the capacity to live the Christian message in its fully developed form. The Christian community cannot carry out a permanent catechesis without the direct and skilled participation of adults, whether as receivers or as promoters of catechetical activity. The world, in which the young are called to live and to give witness to the faith which catechesis seeks to deepen and strengthen, is governed by adults. The faith of these adults too should continually be enlightened, stimulated and renewed, so that it may pervade the temporal realities in their charge. Thus, for catechesis to be effective, it must be permanent, and it would be quite useless if it stopped short at the threshold of maturity, since catechesis, admittedly under another form, proves no less necessary for adults." CT 43

### **Goals**

Mature discipleship is the ultimate goal of all efforts in adult religious education and faith formation. In Luke's post-resurrection narrative which tells of the two disciples

encountering the risen Christ, we read that their hearts were burning within them. “Why were their hearts burning? They were burning because in Jesus the disciples caught a glimpse into the heart of God and found their world made new. They saw for an instant the full scope of the Father's loving plan and its high point in Christ's death and resurrection. In that perspective, the pathway of their lives opened from confusion and despair into conviction and hope, and they began to grasp the height and depth of God's mysterious love. What a profound learning experience that must have been!” OHWB 11.

In service of this ultimate goal, the pastoral plan for adult faith formation in the United States identifies the faith of the adult as being a faith which is living, explicit and fruitful. These guidelines promote efforts to develop such a faith and encourage and challenge all efforts in adult catechesis and formation to

- include in all adult gatherings some reflection on Sacred Scripture that is related to the life concerns of the participants
- to engage adults with the tradition and teaching of the Church as it has been handed down to us by our forebears in the faith
- accept adults as they are, acknowledging that God moves in the lives of all people, and calls all people to deeper conversion to life in all its fullness
- help adults understand the connections between their own ongoing formation in the faith and the formation of the whole community
- engage the life experience of those adults who gather and to assist believers to recognize the hand of God at work in their lives
- foster involvement in the community life and mission of the Church
- lead adults to a life which enjoys the experience of both communal and personal prayer
- lead adults to participation in works of justice and service to the poor
- lead adults to respond to the call to fulfill our human obligations in family and society through the active practice of love for God and neighbor

(cf OHWB 45-63)

In sum, “adult catechesis promotes mature adult faith: the faith of the disciple who has been saved by Christ’s redemptive love and who is being continually converted to him.” NDC 48.A

Catechists of adults need to be sensitive to the needs of mature adults with whom they minister. Dialogue rather than lecture is a basic tool for understanding and for communication. A discursive rather than didactic style respects the adult learner such that learns can more clearly articulate their concerns and hopes. Further, catechists of adults can also more clearly ascertain the challenges confronting those among whom they minister.

Mention must also be made of a willingness to reach out to adults who are not touched by any kind of catechesis in the formal sense. It is the responsibility of the whole Christian community, and of the catechist of adults particularly, to find new ways to reach those

adults who have not heard the message of Christ, or who having been evangelized have left the Church.

## **Programs**

### **The Adult Religious Education Team**

Programs that serve parish religious education and faith formation call for leadership and direction. In accord with the guidelines of the United States Conference of Catholic Bishops outlined in *Our Hearts Were Burning Within Us*, it is hoped that a knowledgeable, skilled and catechetically formed person is designated or hired to administer the overall parish program.

Ideally, this coordinator/director is assisted by an adult education team. Together they plan, design, implement, and evaluate a parish adult religious education program. The team approach to program planning helps to ensure program continuity in the event of parish personnel changes.

It is highly recommended that a coordinator/director be competently educated and formed in the scriptural, liturgical, theological, spiritual and pastoral tradition of the Church. Such education and advanced formation may be evidenced in advanced studies, degreed and otherwise. It is to be recommended that, at a minimum, coordinators/directors have successfully completed the Advanced Catechetical Ministries program of the Archdiocese.

The coordinator/director must demonstrate an ability to form and lead a team, reflecting the varied ways in which the Church's overall and self-defining mission of Evangelization is served. In our multicultural reality, this entails a willingness to work with people of varied cultural groups and to fully engage in multicultural parish processes.

A well-chosen, well-formed team may better represent the diverse needs and life experiences within the parish community. The individual skills and talents that the team members possess may complement or enhance those of the coordinator/director. When this is the situation, there is a greater likelihood of varied and successful opportunities. Finally, a team of adults is better able to share the work of a comprehensive parish adult religious education program and the risk of burn-out for the coordinator/director or any one parish staff member is greatly offset.

It is recommended that team members have successfully completed the Basic Formation<sup>1</sup> program for catechists in order to best serve the parish community to which they are ultimately responsible.

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<sup>1</sup> Alongside basic formation, we recognize the particular value a team member might contribute having successfully completed courses of studies in other programs such as those of the Instituto Patoral, Instituto Biblico, the Catholic Bible Institute, certificate and degree programs in local catholic universities.

Equally important is identification of personal competency for leadership in ministry serving Adults in a parish. This competency is evidenced by a person's involvement in their parish community, the person's faith, and the wisdom of the community in recommending the person. Competency is also evidenced in the skills of a person, such as: an ability to grasp and communicate concepts basic to the life of the faith community (2Tim 2:2). The attitudes and values of the person are good indicators of competency. Adult leaders require an ability to relate well with themselves and others are able to recognize the gifts of others, and have the capacity to engage and enter into the multi-cultural reality which is prevalent in our local church.

Evaluation of the Adult leadership is an important component in a healthy Adult Religious Education or Faith Formation program. A disposition for service within the community is essential among leaders in adult religious education and faith formation. The leadership must serve the parish community concretely, and there must be coherence between their public lives and the teaching of the Church.

### **Sample Opportunities for Adult Religious Education and Faith Formation**

While not all adults have the same needs, their needs generally center around the quest for continuing purposefulness in life. Integration of faith and life will be especially important to the adult growing in Christian maturity. The task of the adult education team is to design a variety of learning experiences to match the needs of the adults in the parish faith community. The following is a sampling of the types of programs commonly offered, but they do not exhaust the possibilities.

***Rite of Christian Initiation of Adults (RCIA):*** a comprehensive process including faith-sharing, catechesis and prayer/ritual experiences designed to prepare adults for baptism and/or full reception into the Catholic Faith Community. (Office for Worship, (213) 637-7513)

***Small Christian Communities:*** ongoing small groups of people who make a commitment to meet regularly so as to "be church" for one another. Meetings include life-review, experiential faith-sharing on the Sunday scripture readings, and a study/action component. A designated pastoral facilitator assists in maintaining the functioning of the group and serves as the group's link to the wider parish community.

***Evangelization Programs:*** outreach and educational programs for those who have no formal faith community or for Catholics who have become alienated from the Church.

***Marriage Preparation and Enrichment:*** formal preparation for engaged couples as well as selected programs intended to support couples in their growing marital relationship. (Office of Family Life)

***Parenting Programs:*** opportunities to grow in knowledge and understanding of Christian parenting and to become more experienced in parenting skills (Office of Family Life)

***Sacramental Preparation for Parents:*** programs designed to educate parents about the sacraments for which their children are preparing and to assist parents in being an integral part of that preparation.

***Social Action Programs:*** opportunities to become more knowledgeable about Catholic social teaching and to apply that teaching to current issues and situations, especially on the local level. (Office of Justice and Peace)

***Small Group Scripture Sharing/Bible Study:*** opportunity to reflect and pray scripture with the assistance of a trained facilitator and/or a prepared study program.

***Lecture/Discussion Series:*** presentations on a variety of topics through video cassette programs or guest lecturers followed by group discussion.

***Study/Share Groups:*** meetings of small groups in homes or a parish facility to study selected topics through the use of prepared programs, books, film, or guest presenters. Group sharing and discussion helps relate the subject to the lives of the participants.

***Prayer Groups:*** gather to pray, to reflect on Scripture and the Catholic faith, to form community and to share their lives.

## **Archdiocesan Programs and Resources**

The Office of Religious Education serves parish adult communities through its adult education consultants who offer a variety of leadership/training programs as well as general program consultation services. Learning opportunities and services on the archdiocesan level are designed to assist parishes in assuming responsibility for their own adult education programs. Programs are offered in both Spanish and English. In addition, specialized in-service and training is offered for adults in Asian-Pacific and African-American perspectives.

Staff at the Office of Religious Education with direct responsibility for Adult Faith Formation include:

Rev. David Loftus, Coordinator / Consultant                      213 637 7654  
[frdloftus@la-archdiocese.org](mailto:frdloftus@la-archdiocese.org)

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Sr. Clare Melody, Administrative Assistant                      213 637 7358  
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Among the programs and services offered are:

Adult Education Team Training - Basic and advanced specialization (English and Spanish)

Advanced Catechetical Ministries Program for Adult Religious Education (English and Spanish)

African-American Catechetical Conference

Building Inclusive Communities - Addresses issues of multi-cultural concern and fosters cultural awareness.

Catholic Bible Institute (English and Spanish) - Training for parish-based scripture studies

Annual Silent Directed Retreat and Days of Recollection

Instituto Pastoral – Introductory, Basic and Advanced level pastoral formation (Spanish)

Nia (Purpose) Series (Catechetical Leadership Training in the African-American cultural perspective)

Semilla del Reino (Spanish) - A process of catechesis and evangelization based on sacramental preparation.

Audio Cassette Library - Religious Education Congress Talks, 1985 – Present (English and Spanish)

## RESOURCES

### Documents of the Church

Flannery, Austin, OP (Gen. Ed.): Vatican Council II – The Conciliar and Post-Conciliar Documents, New Revised Edition Northport, NY: Costello Publishing, 1992.

Catechism of the Catholic Church, Second Edition Washington D.C.: USCCB, 1997, 2000. <http://www.usccb.org/catechism/text/>

General Directory for Catechesis Washington D.C.: USCCB, 1997.  
[http://www.vatican.va/roman\\_curia/congregations/cclergy/documents/rc\\_con\\_ccatheduc\\_doc\\_17041998\\_directory-for-catechesis\\_en.html](http://www.vatican.va/roman_curia/congregations/cclergy/documents/rc_con_ccatheduc_doc_17041998_directory-for-catechesis_en.html)

Go and Make Disciples: A National Plan and Strategy for Catholic Evangelization in the United States. National Conference of Catholic Bishops, 1993.  
<http://www.usccb.org/evangelization/goandmake/eng.shtml>

International Council for Catechesis. Adult Catechesis in the Christian Community: Some Principles and Guidelines. Vatican City: Libreria Editrice Vaticana, 1990.  
[http://www.vatican.va/roman\\_curia/congregations/cclergy/documents/rc\\_con\\_cclergy\\_doc\\_14041990\\_acat\\_en.html](http://www.vatican.va/roman_curia/congregations/cclergy/documents/rc_con_cclergy_doc_14041990_acat_en.html)

National Directory for Catechesis Washington D.C.: USCCB, 2005.

Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States Washington, D.C.: USCCB, 1999. <http://www.usccb.org/education/ourhearts.htm>

## **EDUCACIÓN RELIGIOSA PARA ADULTOS**

La catequesis de adultos, al ir dirigida a personas capaces de una adhesión plenamente responsable, debe ser considerada como la forma principal de la catequesis, a la que todas las demás, siempre ciertamente necesarias, de alguna manera se ordenan. DGC #59

La fe del adulto tiene que ser constantemente iluminada, desarrollada y protegida, para que adquiera la sabiduría cristiana que da sentido, unidad y esperanza a las múltiples experiencias de su vida personal, social y espiritual. DGC #173

La catequesis de adultos promueve una fe madura: la fe del/la discípulo/a que ha sido salvado/a por el amor redentor de Cristo y por la cual se convierte continuamente al él.” NDC 48.

### **Programas**

#### **Equipo de Educación Religiosa para Adultos**

Los programas de educación religiosa y formación en la fe que se ofrece en la parroquia exigen un liderazgo y una dirección. De acuerdo con las pautas de la Conferencia de Obispos Católicos de Estados Unidos resumidos en el documento *Sentíamos Arder Nuestro Corazón*, se espera que se designe o se emplee una persona hábil y bien formada para administrar el programa general de la parroquia. Idealmente, este/a coordinador/a director/a contará con un equipo de apoyo. Juntos el/la coordinador/a /director/a y su equipo planean, diseñan, implementan, y evalúan el programa parroquial de educación religiosa para adultos. El trabajo en equipo asegura la continuidad del programa en caso de cambios de personal en la parroquia. Un equipo bien escogido debe representar las diversas necesidades y experiencias vividas dentro de la comunidad parroquial. Las habilidades y los talentos individuales de los miembros del equipo pueden complementar las del/la coordinador/a director/a. Cuando ésta es la situación, habrá mayores oportunidades y variadas experiencias que llevarán al éxito. Finalmente, un equipo de adultos está mejor capacitado para conducir un trabajo integral de educación religiosa para adultos en la parroquia y se evita el riesgo de quemar al/la coordinador/a director/a o cualquier empleado de la parroquia asignado a este ministerio.

Se recomienda que el/la coordinador/a director/a este educado y formado en las áreas de escritura, liturgia, teología, espiritualidad y en la tradición pastoral de la Iglesia. Por lo tanto se recomienda que dicha persona haya hecho estudios avanzados en dichas áreas y haya recibido una formación académica. Se sugiere que, a lo menos, los/las coordinadores/as directores/as hayan completado satisfactoriamente el programa Avanzado de Ministerios Catequéticos de la Archidiócesis. De igual manera, se recomienda que los miembros de equipos parroquiales hayan completado satisfactoriamente el programa de la Formación Básico para catequistas.

De igual importancia a tener personas con conocimientos, es necesario identificar personas capaces para servir en el liderazgo del ministerio con adultos en la parroquia.

Deberán ser personas de fe que participan en la comunidad parroquial y que son reconocidos por la comunidad. Deberán demostrar la habilidad de entender y comunicar los conceptos básicos de la vida de fe de la comunidad y enseñarla a otros (2Tim 2:2). Las personas deberán tener las actitudes y los valores que les permitan relacionarse bien consigo mismos y con los demás. Deberán ser capaces de reconocer sus propios dones y los dones de los demás, comprometerse y entrar a la realidad multi-cultural que es predominante en nuestra iglesia local y tener una disposición al servicio de la comunidad.

La evaluación del liderazgo del Ministerio para Adultos es un componente importante y sano en un programa de Educación de Adultos o de una Formación Religiosa en la Fe. El liderazgo debe servir a la comunidad parroquial concretamente, y debe haber coherencia entre vida pública del individuo y la enseñanza de la Iglesia. El/la coordinador/a director/a debe demostrar una habilidad de formar y dirigir un equipo, tomando en cuenta las múltiples y variadas maneras en las que la Iglesia auto-define su misión de Evangelizar. En nuestra realidad multicultural, esto trae consigo un consentimiento para trabajar con personas de grupos culturalmente variados y comprometerse en hacer procesos multiculturales en la parroquia.

### **Muestra de Programas en las Parroquias**

Aunque no todos los adultos tienen las mismas necesidades, generalmente se reconoce que existe una búsqueda universal por encontrar y dar sentido a sus vidas. La integración de la fe y la vida es especialmente importante al adulto que crece en su madurez cristiana. La tarea del equipo para la educación de adultos deberá diseñar una variedad de experiencias que ayude a los adultos a crecer en su fe dentro de la comunidad. En seguida se presentan una variedad de programas que se ofrecen comúnmente, pero ellos no agotan las posibilidades.

**Rito de la Iniciación Cristiana para Adultos (RICA):** un proceso integral que incluye el compartir la fe, la catequesis, y la experiencia de oración/rito diseñado para preparar a los adultos para el bautismo y/o la recepción plena en la Comunidad católica de la Fe. (La oficina para el Culto.

**Pequeñas Comunidades Cristianas:** los grupos pequeños de personas que se comprometen a reunirse regularmente para "ser la iglesia". Las reuniones incluyen revisión de la vida, compartir la fe, reflexionar sobre las lecturas dominicales y poner en acción lo que se ha estudiado. Un/a agente pastoral facilita la comunidad y sirve como la conexión de grupo a la comunidad parroquia.

**Programas de Evangelización:** programas educativos para los que no tienen una comunidad de fe formal o para católicos que se han alejado de la Iglesia.

**Preparación Matrimonial y Enriquecimiento Matrimonial:** preparación formal para parejas comprometidas así como algunos programas para apoyar a las parejas en su relación matrimonial. (La oficina de asuntos familiares)

**Programas de Paternidad:** oportunidades para crecer en el entendimiento y conocimiento del cuidado de los niños. (La oficina de asuntos familiares)

**Preparación Sacramental para Padres:** programas diseñados para educar a los padres acerca de los sacramentos a los cuales sus hijos se preparan para recibir y para ayudar a los padres a ser una parte integral de dicha preparación.

**Programas de Acción Social:** oportunidades para estar más informados acerca de la doctrina social católica y aplicar esa enseñanza a los asuntos y situaciones actuales, especialmente en el nivel local. (La oficina de la Justicia y la Paz)

**Grupos de Reflexión Bíblica/Estudios de la Biblia:** la oportunidad de reflexionar y orar con la escritura teniendo la ayuda de un/a facilitador/a entrenado/a y/o un programa preparado de estudio.

**Conferencias / Temas de Reflexión:** presentaciones en una variedad de temas por medio de programas grabados en vídeo o por conferencistas que invitan a los participantes a reflexionar y compartir.

**Grupos de Estudio/Acción:** las reuniones de grupos pequeños en hogares o un salón parroquial para estudiar temas escogidos usando libros, películas, o presentadores. El estudiar, compartir y discutir ayuda a los participantes a relacionarse mejor.

**Grupos de Oración:** los participantes se reúnen para orar, reflexionar sobre la Escritura y compartir su fe católica, formando comunidad y compartiendo su vida.

### **Programas y Recursos Arquidiocesanos**

Para capacitar y sostener los programas anteriores en las parroquias la Oficina de Educación Religiosa tiene a la disposición consultantes de educación de adultos que ofrecen una variedad de programas de capacitación y liderazgo así como servicios generales de consulta sobre programas. Conozca las oportunidades y los servicios que se ofrecen a nivel arquidiocesano. Estos recursos han sido diseñados para apoyar a las parroquias en el funcionamiento de sus propios programas de educación de adultos. La mayoría de los programas se ofrecen en español e inglés. Además, se ofrecen entrenamientos para adultos desde las perspectivas asiática y afro-americanas.

Para contactar a la persona apropiada en la Oficina de la Educación Religiosa, favor de consultar nuestra página “Contact Us”.

Personal nombrado por la Oficina de Educación Religiosa para la Formación de Adultos en español:

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213 637 7705

Entre los programas y servicios que se ofrecen son:

**Entrenamiento para Formar Equipos de Educación de Adultos.**

Especialización a nivel Básico y Avanzado (inglés y español)

**Programa de Ministerios Catequéticos Avanzados para la Educación Religiosa de los Adultos** (inglés y español)

**Conferencia Catequética Afroamericana** – conferencia anual que reúne al liderazgo de aquellos que trabajan o son de dicha comunidad

**Building Inclusive Communities** (Construyendo Comunidades Inclusivas) seminario que fomenta el conocimiento intercultural y la inter-comunicación multi-cultural.

**Instituto Bíblico Católico** (inglés y español) Prepara animadores Bíblicos que puedan conducir estudios Bíblicos en las parroquias

**Retiro** Anual de Silencio y Días de Recolección Dirigidos por un director/a espiritual.

**Instituto Pastoral** – A nivel Introductorio, Básico y Avanzado (español)

**Serie Nia** (Propósito, Catechetical Leadership Training) un entrenamiento desde la perspectiva cultural afroamericana

**Semilla del Reino** (español) - un proceso de catequesis y evangelización para la preparación sacramental para adultos.

**Hemeroteca** de Audio Cassettes – Conferencias del Congreso de Educación Religiosos desde 1985 al Presenta (inglés y español)

Lista de Presentadores y Conferencistas Aprobados (inglés y español)

## **Recursos**

### **Documentos de la Iglesia**

#### Catecismo de la Iglesia Católica

[http://www.vatican.va/archive/ESL0022/\\_INDEX.HTM](http://www.vatican.va/archive/ESL0022/_INDEX.HTM)

#### Directorio General para la Catequesis

[http://www.vatican.va/roman\\_curia/congregations/ccclergy/documents/rc\\_con\\_ccatheduc\\_doc\\_17041998\\_directory-for-catechesis\\_sp.html](http://www.vatican.va/roman_curia/congregations/ccclergy/documents/rc_con_ccatheduc_doc_17041998_directory-for-catechesis_sp.html)

Directory Nacional para la Catequesis Washington D.C.: USCCB, 2005.

#### Documentos del Vaticano Segundo

[http://www.vatican.va/archive/hist\\_councils/ii\\_vatican\\_council/index\\_sp.htm](http://www.vatican.va/archive/hist_councils/ii_vatican_council/index_sp.htm)

Exhortación Apostólica Catechesis Tradendae, Juan Pablo II. Ciudad del Vaticano, *16 de octubre del año 1979*

[http://www.vatican.va/holy\\_father/john\\_paul\\_ii/apost\\_exhortations/documents/hf\\_jp-ii\\_exh\\_16101979\\_catechesi-tradendae\\_sp.html](http://www.vatican.va/holy_father/john_paul_ii/apost_exhortations/documents/hf_jp-ii_exh_16101979_catechesi-tradendae_sp.html)

Exhortación Apostólica Evangelii-Nuntiandi, Papa Pablo VI, Ciudad del Vaticano, *8 de diciembre del año 1975*

[http://www.vatican.va/holy\\_father/paul\\_vi/apost\\_exhortations/documents/hf\\_pvi\\_exh\\_19751208\\_evangelii-nuntiandi\\_sp.html](http://www.vatican.va/holy_father/paul_vi/apost_exhortations/documents/hf_pvi_exh_19751208_evangelii-nuntiandi_sp.html)

Exhortación Apostólica Post-Sinodal Ecclesia in América, Encuentro con Jesucristo vivo, camino a la conversión, la Comunión y la Solidaridad, Juan Pablo II. 1999

[http://www.vatican.va/holy\\_father/john\\_paul\\_ii/apost\\_exhortations/documents/hf\\_jp-ii\\_exh\\_22011999\\_ecclesia-in-america\\_sp.html](http://www.vatican.va/holy_father/john_paul_ii/apost_exhortations/documents/hf_jp-ii_exh_22011999_ecclesia-in-america_sp.html)

Rito de Iniciación Cristiana para adultos, promulgado por el Papa Pablo VI en 1972.

[http://www.conferenciaepiscopal.es/documentos/Conferencia/iniciacion\\_cristiana.htm](http://www.conferenciaepiscopal.es/documentos/Conferencia/iniciacion_cristiana.htm)

Sentíamos Arder Nuestro Corazón: Plan pastoral de Estados Unidos para la formación en la fe del adulto, Washington, D.C.: USCCB, 1999. <http://www.usccb.org/education/ourheartsp.htm>

Vayan y Hagan Discípulos: Plan y Estrategia Nacional para la Evangelización Católica en los Estados Unidos, National Conference of Catholic Bishops, 1993.

<http://www.usccb.org/evangelization/goandmake/sp.shtml>

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Álvarez Rodríguez, Máximo. Catequesis de Adultos, Madrid: Editorial Perpetuo Socorro, 1998

Alberich, Emilio/ Binz, Ambroise, Catequesis de Adultos. Elementos de Metodología Madrid: Editorial Central Catequética Salesiana

Alberich, Emilio/ Binz, Ambroise, Formas y Modelos de Catequesis con Adultos, Madrid: Editorial Central Catequética Salesiana, 1996

Condiciones Teológicas-Pastorales para promover y consolidar grupos de Catequesis de Adultos (CA) según el Espíritu de la Iglesia Actual. Diócesis de Sevilla, Zona Norte. 2002. <http://www.catequesis.net/adultos.htm>

Estrada Díaz, Juan Antonio, La Espiritualidad de los Laicos en un Eclesiología de Comunión, México D.F.: Ediciones Paulinas, 1994

Estrada Díaz, Juan Antonio, La Identidad del los Laicos, México D.F.: Ediciones Paulinas, 1998

Guías para Grupos de Oración, Arquidiócesis de Los Ángeles, 1998

La Formación Cristiana de los Adultos. Juan Pablo II, <http://www.aciprensa.com/catequesis/cate-adultos.htm>

Proyecto Nacional de Catequesis para Adultos, Comisión Episcopal de Evangelización y Catequesis, México D.F., 2001